

Who knows what?

Your lead practitioner will tell the Local Area Team (LAT) that you have a FEHA. The LAT will keep your information safe on a secure database. They only share your information with your consent, and with professionals who can help you as part of your FEHA plan. The lead practitioner will explain this in more detail as part of the process.

There may be times when your information needs to be shared to keep someone safe. A worker may share information:

- To help a person who may be at risk of harm.
- To help prevent or detect a serious crime.
- If we have legal obligation to do so

We will explain these to you if they need to happen.



Family Early Help Assessment is a voluntary process and can only happen with your permission. It is your way of being able to tell your story once to ensure you get the right support.

How can you find out more?

You can contact the Local Area Team Information Service.

Alternatively, you can talk to someone that is working with you. This could be school, nursery, a health professional, Health Visitor, midwife, housing worker – anyone.

Phone: 01904 554444

Text: 07624 802244

Email: fis@york.gov.uk



Family Early Help Assessment (FEHA)

Phone: 01904 554444

Text: 07624 802244

Email: fis@york.gov.uk

If you have a concern about a child or young person contact the Children's Front Door on 01904 551900



Every family has its ups and downs. Being a parent is hard work and there are no instructions. Sometimes, you or your children may need some extra support; this may be before your children are born, when very young, or throughout school.

A Family Early Help Assessment (FEHA) can help you to recognise:

- What is going well for you and your family
- What you may need help with
- Who can help you

Lead practitioner

Your 'go to' person...

This is someone who makes sure the people supporting your family are all talking to each other and to you. They often lead the TAF meetings and will support you through the FEHA process. You can speak to them to discuss any concerns or issues that you or your family may be experiencing. The 'lead practitioner' can be anybody who is already supporting your family, and you can help to choose who this person is.

Family Focus

As part of the FEHA process, we will also include you within our Family Focus programme. This is a way of us bringing additional support to the Team Around the Family, to help you achieve the plan in the FEHA. Ask your lead practitioner for more information.



How does it work?

1. Your chance to tell your story

Somebody you trust will talk with you to find out about your family and any difficulties you are facing. Ideally, this will be somebody already supporting you. They will talk with you about what is going well and any strengths you can build upon. With your permission, they will contact other services working with you, who will provide information about what support they are offering and how they think you could be helped further. All this information will be brought together in a single document for you to reflect on with your lead practitioner.

2. Your plan

This information will then be used to create your support plan, looking at what you and your family may need help changing and who can help you with this. The lead practitioner completing the FEHA will share the assessment with you so you can record your views on the proposed plan.

You will then meet with the services involved with your family (and any new ones who may be able to help). This is called a Team Around the Child & Family meeting (TACF). Everyone at the meeting, including you and your family, will agree what they can do to help you.

3. Your review

To make sure everything is going well, you will have regular review meetings with your Team Around the Family. This will help you to see if anything in the plan needs to be different. The reviews happen at regular intervals, and can continue for as long as you all agree your family needs support.

You get a copy of your assessment, plans and reviews. Your whole family's views are very important and should be included throughout the assessment and reviews.